

THE BEREAN DAILY WORKSHEET

"...they received the word with all readiness of mind, and searched the scriptures daily..." - Acts 17:11

DATE: _____ SCRIPTURE: _____

WEEKLY MEMORY VERSE FOCUS: _____

I. CONTEXT & RAW OBSERVATION ("EAGER EXAMINATION")

Who is writing? Who is the audience? Note key historical background and text repetitions.

LINGUISTIC FOUNDATIONS

Record Greek or Hebrew root word meanings here:

ROOT: _____
Meaning: _____

ROOT: _____
Meaning: _____

ROOT: _____
Meaning: _____

2. EXAMINING THE SCRIPTURAL MATRIX (CROSS-REFERENCES)

Search other chapters or testaments that connect to this text. Let Scripture interpret Scripture.

SCRIPTURE REF	THEOLOGICAL CONNECTION / CORE OVERLAP

3. THE SCAFFOLDING OF LIFE (APPLICATION)

How does this truth shift your mindset tonight? What explicit habit or mental shield does it anchor?

4. THE QUIET PAUSE ("BE STILL" RESPONSE)

Turn your examination into praise or intercession. Drop your hands, quiet your thoughts, and write your evening prayer.

P.M. QUIET TRACKER

Time spent in silent meditation before the Lord:

- ☐ 5m
☐ 10m
☐ 15m+

INITIAL SHIELD STATUS

My emotional posture before dropping my hands tonight:

- ☐ Heavy / Weary
☐ Distracted / Noisy
☐ Restless / Anxious
☐ Ready / Peaceful

SABBATH FOCUS

Use this side margin to write down any names, local community worries, or praises that bubble up while you remain completely still.

"Be still, and know that I am God..." - Psalm 46:10

THE WEEKEND PAUSE

[Utilized Exclusively During the Day 7 Evening Drop Only]

"Don't measure this week by perfection. Measure it by your willingness to return. You are still here."

1. THE FRICTION AUDIT

Where did you experience the most internal noise, resistance, or difficulty during your afternoon or evening pauses this week?

2. THE GROUNDING POINT

Which specific scriptural context, root-word study, or initial prayer pulled the tension out of your shoulders most effectively this week?

3. HIDDEN AWARENESS

What surprised you about your heart, your natural pace, or your relationship with Christ over the last seven days?

 **CURRENT FOUNDATIONAL STATUS MARKER:**

☐ Securely Rooted

☐ Still Weary but Present

☐ Ready to Abide